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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Friday, April 22, 2011

Vibration

The other day there was a long discussion with someone at my work.

We were talking about why certain beings appear, and many other things. Also about channeling, and connection to the spiritual world.

This blog is general, and about my experience. Your experience may be different, so please as always with everything, use discernment.

Basically, when a person first embarks upon meditation, and wishes to connect to the spiritual world, there may be resistance from the mind. Confused colors and images fly around, until the mind has settled, and surrendered. Depending on what you do before meditation, makes a big impression on the mind, and its resistance. If you listen to loving soft music, or watch movies full of Love, you attract Love in your vibration, and that is impressed upon the mind. If you watch scary horror movies, the fear is in your vibration, and is impressed upon the mind.

The Spirit world has its doorway in Earth, and through the heart and mind. The Soul/Higher Self is in the Spirit world, and is the silent watcher. First of all, check out http://near-death.com for a description of the Spirit world, to understand this. The Soul/Higher Self exists in the heavenly realms. It speaks silently, through intuition to you. It is above the vibration of the mind, and connects through the heart. The subconscious mind can range in connection between the astral realms, and Earth. The astral realms span from the lower heavenly realms, to the Void (known as some as purgatory), to even the hellish realms, and also to the earthbound realm, and Earth. The conscious mind also can reach those areas, but has a limited capability to reach all. It is more finite in its range.

Basically, coming back to the point, is that you have three parts. You are the conscious mind of your waking day, the subconscious mind of your memory, dreams, and you are the Higher Self of Love, which connects into your heart, and speaks through intuition.

Now back to meditation. The heart is always Love, and the Higher Self sends its Love always to the heart. The heart can be blocked by the mind, because of our Free Will, and all parts have equal power within ourselves at first. The mind and the heart are different, but equal. Gradually as the heart opens, the power of Spirit overcomes the mind, or the opposite, the mind blocks the heart from opening. The choice of heart or mind, depends on the choices each of us makes.

Someone said to me, why would someone see a devilish person when they meditate? The answer is fear. The person who meditated had a vibration of fear (such as anger, guilt, blame, jealousy, greed and the other vices), which attracted this entity. The entity most likely was a lesser one, who decided to puff itself up, to create more fear on which it lived. The more dangerous energy parasites, are those that attach to addicts...a constant source of nutrition, for the parasitic beings. The lower astral beings close to the hellish realms live on fear energy, and are quite parasitic. Release the fear and they go away. A good way to test them is to say "Do you love God?" or "I bless you with great Love." They will usually run when they hear that word, or continue to act confusing and chaotic. They fight for your attention, don't give it to them, it is a waste of your energy. The fear is formed by what you expose yourself to, and is often sourced from the mind. When this happens, visualize the angels surrounding you, and that you are One with God, feel great Love in the room, and know you are supported. Focus on what you want. This moves energy from the mind into the heart, and releases fear.

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Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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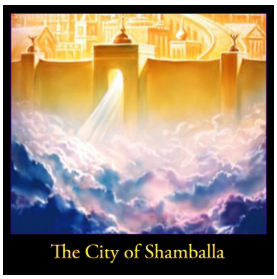

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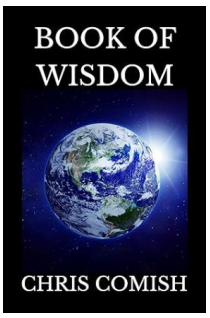

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Now if you have a Love vibration, you will naturally attract angels and other loving beings through your vibration of Love (such as purity, oneness, satisfaction, generosity, peace, and happiness). When you want to channel or reach loving beings, focus your intent to connect with them. Ignore the mind, enter the heart, and do everything out of Love. At first, the mind has more power, but as the heart opens, it will flower like a blossom. Surrender to Love, let is fill your being, hold the Love vibration, and this focus will allow you to release the mind. What you give power and energy to, so it shall be.

Basically what happens is when you are loving, you send Love vibration from Earth, to the earthbound realm, to the Void, to Heavenly Realms, where it is picked up, and attracts loving beings to come close to Earth, and communicate with you. You have to ask them for help, they will not communicate without being asked, as this is Love, and respect for the Free Will God gave you.

Now, if you send fear vibrations, they are denser/heavier and cannot travel as far. They go from Earth, to the earthbound realm, to the Void, and often attract beings from the hellish realms. The beings from the hellish realms then are attracted to you. They often don't wait for your call, they push their way to you, as long as you are in the fear vibration, and fight for your attention. Stay One with God and Love, and don't give them any power. They will leave you, in search of the fear vibration.

So you have many choices. To get out of fear, enter Love. That's all you have to do. Blanket yourself with great Love, visualize your loving support, and you will not be led astray. It's a matter of vibration.

P.S. Someone asked me, when they contact the other side...how do those from the heavenly realms appear, versus those from other areas? Often when those of the Spirit world first contact you, they appear as faces, and then once you have a better connection, they appear full bodied. My experience has been with people who have passed that came from the heavenly realms, and those from the Void. The people from the heavenly realms open a door, and white light shines from where they are, to you. They are dressed in white and smiling at you. On their side are relatives, and others, who also passed over, and are supporting them. On the other side, an angel may exist to help keep the connection open (the Bridge of Light and Love). Now, those existing from the Void are different, they are not white, but grayish in color, they are alone, and not happy, maybe sad.....those in the hellish regions are aggressive, angry, and manipulative. The amount of Love is diminished. They need your prayers, to bring them to wholeness and Love.

- April 22, 2011

Labels: channeling, meditation, spirit

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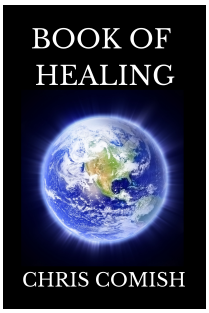

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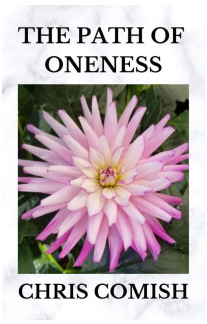

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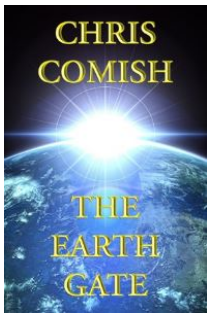

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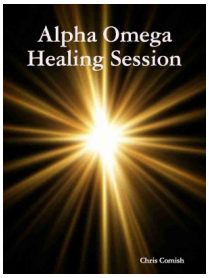

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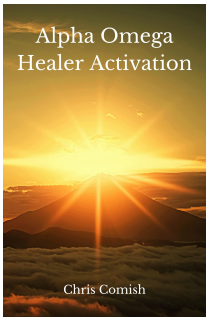

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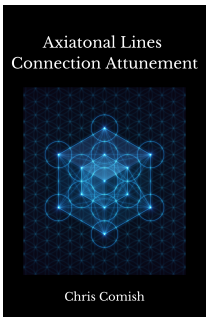

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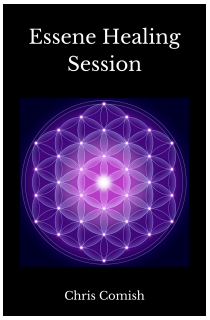

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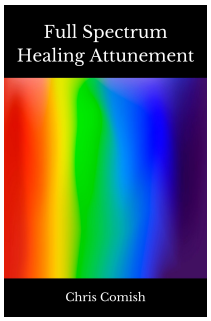

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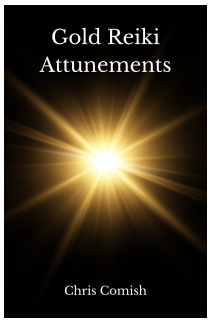

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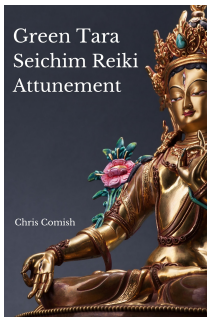

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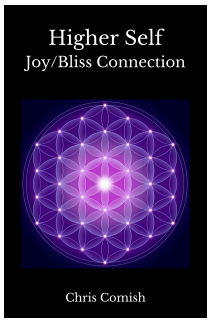

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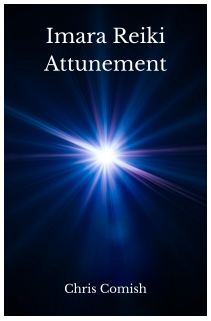

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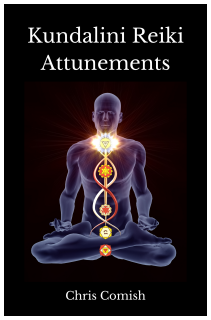

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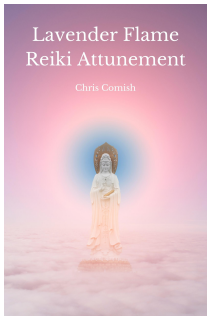

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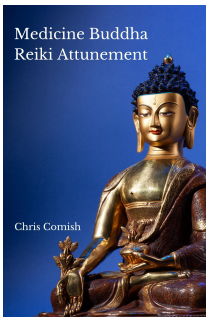

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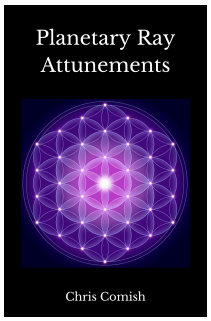

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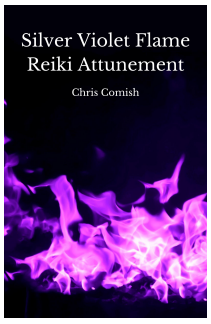

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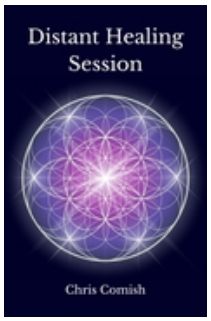

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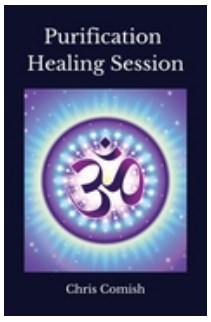

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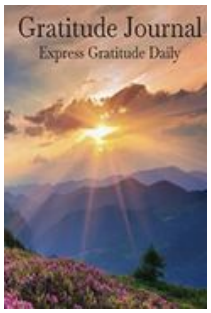

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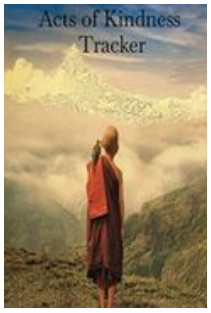

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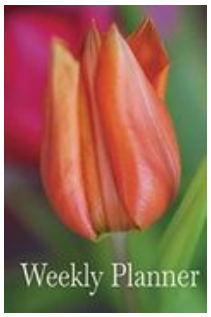

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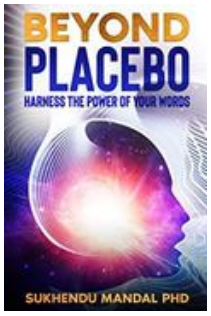

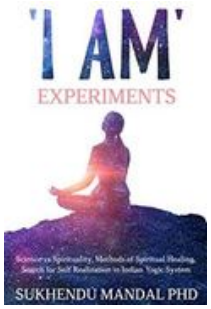

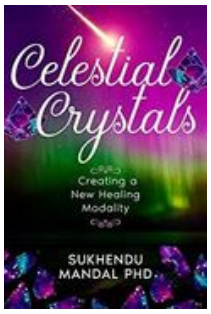

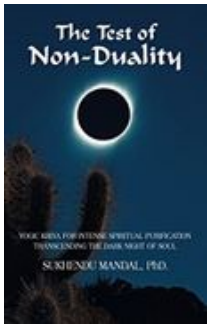

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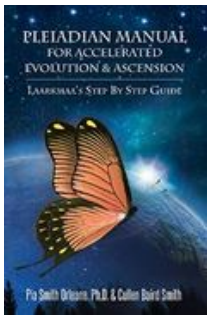

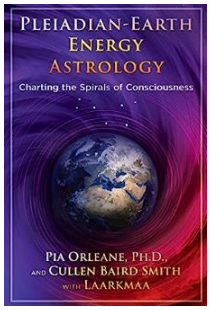
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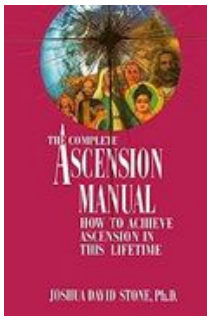
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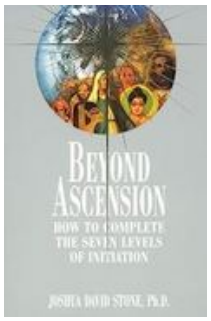
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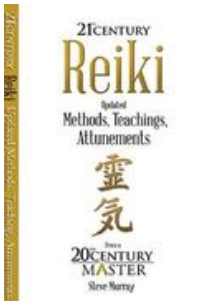
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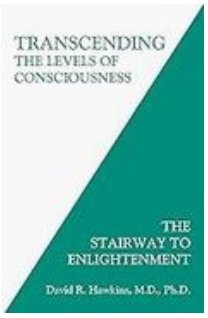
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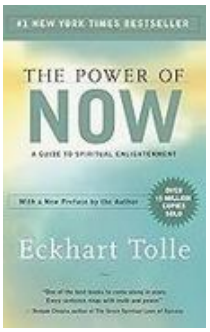
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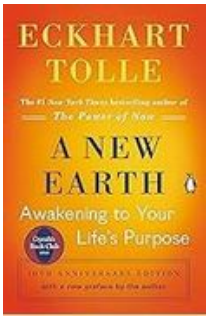
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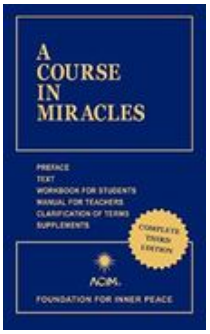
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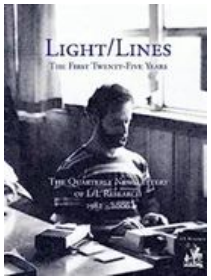
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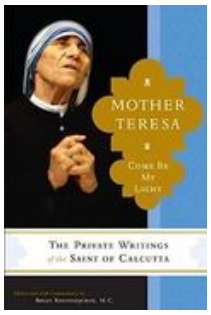
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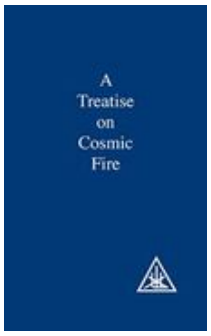
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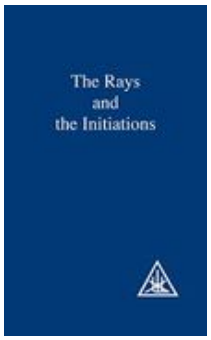
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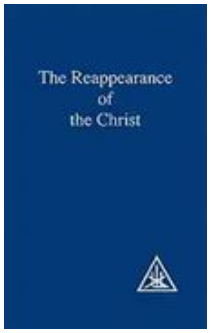
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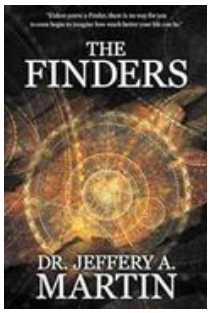
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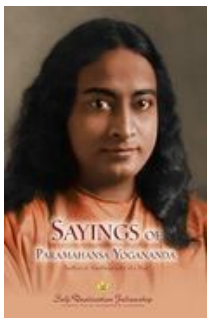
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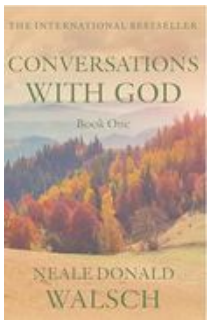
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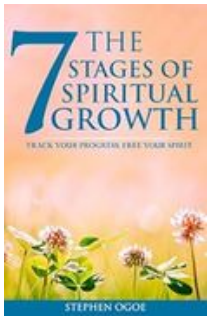
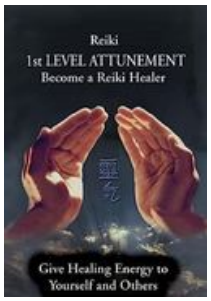
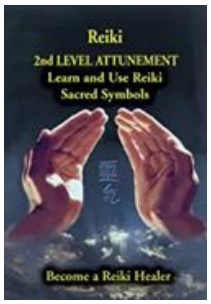
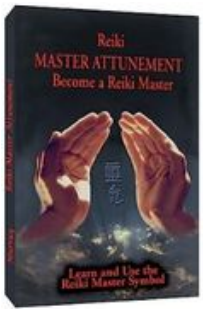
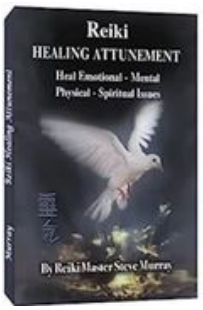


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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